

## SUPPORT GROUP & INFORMATION SESSION

**FOR MUMS WHO ARE EXPRESSING / PUMPING IN HOSPITAL**



**Are you expressing/pumping milk for your Baby? If yes, then come along and join us every Tuesday for a cuppa.**

- Meet other Mums
- Receive and share information on expressing and making more milk
- Troubleshoot any issues you may be having in relation to expressing / pumping.

**When:** Every Tuesday

**Time:** Drop in anytime between 2.45pm-3.30pm

**Where:** Parents Room, Childrens Heart Centre, 3<sup>rd</sup> Floor

