

Who Should Wear a Cloth Face Covering?

When you are attending Children's Health Ireland wearing a cloth face covering is one way to help limit the spread of COVID-19



Who can wear a cloth face covering?

- ✓ Children over 13 years old (or those who are clinically advised)
- ✓ Anyone who cannot keep a safe social distance of 2m
- ✓ All hospital visitors and outpatients who are in or walking through a crowded public area e.g. main reception, patient waiting rooms, emergency department, day wards



Who should not wear a cloth face covering?

- ✗ Children under 13 years old (unless clinically advised)
- ✗ Anyone with breathing or developmental problems
- ✗ An unconscious person should not wear a face covering
- ✗ Anyone who experiences discomfort/stress while wearing a face mask
- ✗ Anyone unable to remove their mask without assistance

Medical masks should be reserved for healthcare workers or patients in treatment. **Remember Face Coverings help prevent people who do not know they have the virus from spreading it to others. They are only effective if used alongside the following safety measures:**



Social Distancing



Regular handwashing



Avoiding touching the face



Respiratory hygiene



Cleaning surfaces