

[illegible]

Grade 3 = Score 20 - 24
Grade 4 = Score 25 - 30

Mucositis Grading Scale

Healthy Mouth:

The mouth is pink and healthy, no lesions present, no bleeding and the mucosa is moist.

Grade	Description	Action
Grade 0	Normal mouth	Oral hygiene as for age BD Oral assessment BD
Grade 1	Erythema of oral mucosa. May have some pain / discomfort	Oral hygiene as for age BD Oral assessment BD Assess pain score Administer analgesia as required (PO/NG)
Grade 2	Isolated small ulcerations Mucosa may bleed on probing Saliva is thicker than normal Patient may only be able to tolerate bland food but can drink as normal	Oral hygiene as for age BD Oral Assessment BD Assess pain score Administer analgesia as required (PO / NG / NCA / PCA) Dental review as required Monitor intake and output Monitor full blood count
Grade 3	Ulcers and extensive erythema White patches covering more than 25% of oral mucosa Unable to swallow solid diet Saliva thick and ropey Hoarse / raspy voice Moderate / severe pain	Oral hygiene as for age BD as tolerated Oral assessment BD Assess pain score Administer analgesia (NG / IV) Dental review Monitor intake and output Assess nutrition / hydration
Grade 4	Haemorrhagic ulceration Cannot swallow saliva / drooling Severe pain Unable to eat or drink Hoarse / raspy voice	Oral hygiene as for age BD as tolerated Oral assessment BD Assess pain score Administer analgesia (PCA/ NCA) Dental review Monitor intake and output Assess nutrition / hydration
Oral hygiene		Age related
Children > 2years		Clean teeth at least twice daily using soft toothbrush and fluoride toothpaste (full strength 1450ppmF). Children < 7 years , parents should supervise brushing, and should brush child's teeth on one occasion during the day.
Children < 2 years		Parent / carer brushes child's teeth twice daily with soft wet toothbrush (no toothpaste)
Babies without teeth		Parent / carer cleans mouth with moist gauze (water) if needed

Reference : Supportive Care Guidelines Haematology Oncology (OLCHC (2013)