GUIDELINE FOR TWICE / THREE TIMES PER DAY INSULIN REGIMEN (KARDEX SECTION B)

Inpatient Use Only

Check Blood Glucose Level

- **Blood Glucose < 4.0**
  - Treat with either –
    - 120ml Lucozade
    - 100ml of non-diet fizzy drink
    - 100ml of apple/orange juice
    - 3 glucose sweets
  - **Wait 10 mins then Re-check Blood Glucose**
    - **Blood Glucose < 4.0**
    - **Give 10-15 Gram Carbohydrate Snack**
  - **Blood Glucose ≥ 4.0**
    - **Consider Medical Advice if** -
      - i) Patient’s condition deteriorates OR
      - ii) No improvement in blood glucose after 2 hypo treatments

- **Blood Glucose 4.0 – 13.9**
  - **No Intervention**

- **Blood Glucose ≥ 14.0**
  - **Check Blood Ketone Level**
    - **Blood Ketone < 1.0**
      - **No Intervention**
    - **Blood Ketone ≥ 1.0**
      - **Contact Doctor**
      - **Correction Dose Needed (Fast-Acting Insulin)**
        - Correction dose = 10% of Total Daily Dose (TDD).
        - *E.g. TDD = 20 units -> correction dose = 2 units.*
  - **Re-check Blood Glucose after 2 Hours**

**Key Points** - Any other clinical concerns, please seek medical advice.