### Care plan 37

**Problem**

Requires special observation due to safety concerns

**Special Observations Care Plan**

**Goals**

To maintain the safety of the patient within the paediatric environment

**Nursing Intervention**

**GOAL:**

- This care plan should be used in conjunction with the "SOP on the management of environment and safety for young people and children".
- Orientate patient to their environment and introduce to care team, informing them who their nurse is for each shift.
- Perform full nursing assessment on admission and obtain baseline observations.
- Nurse in an area of high visibility, or in a location that suits needs, ensuring risks to patient are managed.
- Remove hazardous items from patient’s possession and room.
- Establish a rapport with the patient.
- Show empathy and positive regard for the patient by adapting a non-judgmental, supportive and caring approach.
- Encourage patient to communicate needs to nurses.
- Observe & record patient’s appearance, interactions, mood & behaviours.
- Monitor & record patient’s sleep patterns.
- Observe patient’s appetite and nutritional intake.
- Offer patient regular opportunities to verbalise his/her needs and concerns.
- Maintain consistency with patient’s care.
- Regular communication with the MDT regarding treatment plan and details of observation required is necessary.
- Involve patient in activities where possible and document observations. E.g. School, playroom, computer, reading, watching TV, board games, art & crafts.

*N.B. Consult treating team prior to sending to school/playroom.*

- Report and record any concerns immediately to nurse in charge and treating team.

**Issue Date:** Nov 2016

**Review date:** Nov 2019
## Any other required observations

---

*Updated Feb 2017*