Paediatric Choking

Assess severity

Ineffective cough

Unconscious
Open airway
5 breaths
Start CPR

Conscious
5 back blows
5 thrusts
(chest for infant)
(abdominal for child > 1 year)

Effective cough

Encourage cough
Continue to check for
deterioration to
ineffective cough or until
obstruction relieved