Remember: Ask your nurse if you are unsure about anything about your child’s care.

Additional instructions

Developed by Dermatology Nurse Specialists.
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Your child has had a skin biopsy under local anaesthetic in the Dermatology Department. This anaesthetic will last a few hours.

Your child may be sore after the procedure and can be given pain medication according to their age. It is advised that they rest for the remainder of the day.

A dressing has been applied to protect the biopsy site and should be left untouched for the next 48 hours. If this dressing falls off, replace with a fresh dressing.

After 48 hours the dressing can be removed. Observe for any signs of infection such as:
- localised pain / tenderness
- swelling
- redness (especially a red tracking line or streak extending from the wound)
- oozing and crusting
- heat around the wound.

If the wound is clean and dry you can now either leave it uncovered or a small dressing can be reapplied.

Your child can bath / shower 48 hours after the procedure.

Continue to observe the wound daily for these signs of infection until sutures are removed or until wound is healed.

To protect the wound and allow healing your child should avoid boisterous play and contact sports until sutures are removed. Specific instructions may be given by the team.

If sutures are to be removed, this can be done by your GP or as instructed by the dermatology team.

If you have any concerns contact the Dermatology team or your GP outside of office hours.

Remove sutures on _____________
If absorbable sutures are used the team will instruct you regarding these.

Once sutures are removed you can massage the wound with a non perfumed moisturiser once/twice a day.

As always be sun smart and use sun protection. A sun block with a SPF of > 30 should be used on the area as well as on all other sun exposed areas of the body.

A scar will be present that may increase in redness initially but over time will fade and become paler.

Your biopsy results will generally be ready within a couple of weeks and will be given to you at your follow up appointment or sent to you by letter. Your GP will also be informed of the results by letter.